

Community Connections April 2026

Published by **Love In the Name of Christ** (Love INC of Douglas County Lakes Area) 44 Glenn Rd NW, Alexandria 320-759-3022
Churches partnering to transform lives with life skills classes, clothing, shoes, personal care items, Bibles, furniture (referrals through Love INC to the Caring and Sharing Room), Rainbow Rider passes, gas cards, grocery cards, bikes, appliances (must take a class to qualify), Christmas toys, blankets, and prayer. Please see our website to be added to the Community Connections List: www.loveincdouglas.org

Connections For All Ages

Common Cup of Soup – held every Monday evening from 5 – 7 PM at Common Ground Coffee House (516 Hawthorne St, Alexandria). Enjoy a free cup of soup, fellowship and listen to amazing local musicians. An awesome time to gather in a warm and relaxed atmosphere. Free to the public.

Free Tax Preparation – Call to set up an appointment or schedule online at www.wcmca.org (Finances Page). Eligibility Information: MN residents filing jointly with less than \$69,001 gross annual income will qualify. MN residents filing Single or Head of Household, or Married Filing Separately with less than \$50,001 gross annual income will qualify. As a VITA site, we cannot prepare taxes for those who own a business or worked as a full-time independent contractor. Please call 218-685-7004 or go to <https://wcmca.org/program/free-tax-preparation/> for registration and more information.

Free Tax Return Prep – Eligibility (individuals making \$55,000 or less), documents to bring, and more details available at <https://www.alextech.edu/atcc-news/2026/01/29/free-tax-return-preparation-for-low-income-taxpayers> Alexandria Technical & Community College accounting students offer free tax return preparation for low-income taxpayers. Located in Room 755 of the Office and Information Technology Center (700 Building) at Alexandria College (1601 Jefferson St, Alexandria). Questions, call 320-762-4429.

Annual Easter Bake Sale Fundraiser – Get ready for homemade treats and festive fun at the Runestone Museum (206 Broadway St, Alexandria)! Join us on **April 3rd** from 10 AM – 4 PM for our Annual Easter Bake Sale Fundraiser. Indulge in a variety of delicious goodies: cakes, cookies, truffles, sweet breads, candy, and more! All treats are homemade with love, perfect for Easter celebrations or just a sweet pick-me-up! Bring your friends, family, and Easter spirit.

AYCE Fish Fry – All You Can Eat Fish Fry at Alexandria Eagles 3063 (526 N Nokomis St, Alexandria) on **April 3rd** from 4:30 – 7 PM, where everyone is welcome.

Easter Fun at Grammy's Town – Join Grammy's Town (1015 MN029 N, Alexandria) on **April 3rd** from 9:00-10:30 AM, we will have the following events: Pictures with the Easter Bunny. We can take the picture and print it or you can use your phone, Easter Egg scavenger hunt (limited to 20 kids), and Coloring Contest. Color a Grammy's Town Easter picture and put it on our wall for display. Cost is \$5.00+admission. We are open until 3:00 so stick around and play after the events!

Community Easter Egg Hunt – Bring your kids out for some free family fun at Spirit Life Church (912 State Hwy 29 N, Alexandria) on **April 4th** from 2 – 4 PM! There will be crafts, treats, and prizes along with the Easter Egg Hunt at 3:00 PM. Activities are for children ages 12 and under. Bring your own basket for the Easter Egg Hunt. "For God so loved the world that He gave His only begotten Son that whoever believes in Him shall not perish but have everlasting life."

Fleet Fest Pet Adoption Event at Fleet Farm – Join us as at Fleet Farm (310 50th Ave W, Alexandria) as we host Pope County Humane Society for an in-store adoption day on **April 4th** from 11 AM – 2 PM.

Big Rig Easter Hop – Come see the Easter Bunny, Big Trucks and fill your basket with treats on **April 4th** from 10 AM – noon at the Osakis Public School Early Childhood Parking Lot (500 1st Ave E, Osakis). Please bring your own basket.

Community Easter Egg Hunt – Bring the whole family for a day full of fun at Church of the Harvest (1425 41st Ave W, Alexandria) on **April 4th** beginning at 10:30 AM. Kids will enjoy crafts, a live skit, games, exciting prizes, petting zoo, a free lunch, and, of course, the egg hunt itself! There's something for everyone!! We can't wait to see you there!

Easter Breakfast and Easter Egg Hunt – All are welcome at Bethesda Lutheran Church (1204 N Nokomis St, Alexandria) on **April 5th** from 8 – 9:15 AM for a FREE Easter breakfast. Rolls, fruit and egg bakes will be served. The indoor Easter Egg hunt will start at 9:00 AM. Children age 10 and under can participate.

Faith @ Work Lunch: Navigating Grief in the Workplace - Grief doesn't stay at home—it shows up in our workplaces, leadership, and relationships. At this Faith@Work Lunch, we'll explore how grief impacts employees and teams, and how workplaces can respond with awareness, wisdom, and compassion. This conversation will offer practical insight for navigating loss in real workplace settings. Hear from Sandra Lauer (Well + Co) and Deb Hadley (KT Humble Hearts), along with a Vivie chaplain, as they share clinical, personal, and workplace perspectives. The event will conclude with a moderated Q&A. Sponsored by Vivie. Join us for this event on **April 9th** at Lake Geneva Christian Center (605 Birch Ave, Alexandria). 11:45 AM – lunch will be served and 12 PM the program begins. Free will donation will be accepted at the event. Register here: <https://www.unityfoundation-alexandria.com/event/the-hidden-weight-understanding-grief-in-the-workplace>

Medicare Workshop – Questions about Medicare? Attend a free, no-obligation workshop to get your questions answered on **April 8th** at the Alexandria Senior Center (414 Hawthorne St, Alexandria) from 3 – 4 PM. Blue Cross and Blue Shield of Minnesota Medicare workshops help you understand your options and choose the coverage that is right for you. We present current plan year information until October. Beginning in October, we then present the next year's plan information. Register here: https://bcbsmn-retail.my.salesforce-sites.com/registration/event/home/alexandria482026?fbclid=IwY2xjawQ3bJhleHRuA2FibQlxMABicmlkETFPc1dydkITQ0JRaFluMURtc3J0YwZhcHBfaWQQMjlyMDM5MTc4ODIwMDg5MgABhrR2dwrhBb_XC1ZM33G95UCR0giLjfn_vlIFxK93wSIHPkVslZxOTNXP9PMm_aem_yihdUkHZdcbaPoAthLcr7A

Spring Puzzle Competition – We are looking to welcome spring with a day of puzzle fun on **April 11th** at Lake Community Church (490 Voyager Dr, Alexandria)! Relax with friends and neighbors while enjoying a time of teamwork, laughter and a little friendly 500-piece puzzle competition! Guys and gals of all ages are welcome to join! The cost is \$10/team. (If paying at the door, please bring cash or check.) Teams can be a maximum of 4 people. If you come without a team, do not worry! We will match you up with one. **Registration closes on April 6th at 2:00 PM.** Doors open for check-in on April 11th at 9:30 AM. Puzzle reveal is at 10:00 AM. Please note: There will not be childcare for this event. Water will be provided, but if you're going to need snacks to stay fueled, please bring your own. We look forward to seeing you there!

2026 KXRA Alexandria Home Show – Join us at the KXRA Alexandria Home Show on **April 11th** from 10 AM – 5 PM and **April 12th** from 11 AM – 3 PM. Explore everything from home remodelers and tree service to water remediation, boat dealers, and more to get ideas and answers for your home and lake life.

April Family Screen-Free Challenge & Open Gym – Join The Balance Project in this month's Family Screen-Free Challenge. Take a day to disconnect from screens and reconnect with your family and friends. Join us at Voyager Elementary School (203 Voyager Dr, Alexandria) for Open Gym on **April 12th** from 12 - 3 PM where your family can enjoy free play, games, and crafts! No cost to attend.

Women's Wellness Night – Join Alexandria Covenant Church (4005 Dakota St, Alexandria) on **April 13th** from 6 – 7:30 PM for an evening of hearing from a panel of four women health professionals in our community to share their knowledge of women's wellness. Panelists will cover physical, dietary, mental, and emotional health. Bring your questions or come and listen for the evening. Please RSVP to help us best plan for you. Snacks will be provided. <https://alexandriacovenant.org/single-event/womens-wellness-night/>

Plant Your Own Flowerpot – Join us for a hands-on spring event where you can connect with others and plant your very own flowerpot at Windmill Ponds (715 Victor St, Alexandria) on **April 16th** from 2 – 3 PM. Fill it with fresh soil and pick from a variety of seeds and bright spring flowers to create something beautiful.

Understanding Immigration – A Community Conversation: All are welcome to an evening of learning and conversation about immigration on **April 17th**, from 5 - 7 PM at Grand Arbor, in the Community Room (4403 Pioneer Rd SE, Alexandria). The speakers, Steven Thal (Immigration Attorney), Yasin Alsaïdi (Deputy Director at Mid-Minnesota Legal Aid), and Ayan Omar (Director of Equity at St. Cloud Public Schools), will provide helpful information, perspectives, and space for questions as we seek to better understand immigration and its impact on our communities. This event is free to attend and is hosted by a group of caring local citizens.

Hot Beef Commercials – Hot Beef Commercials will be served at the Alexandria Eagles 3063 (526 Nokomis St, Alexandria) on **April 17th**. Served from 5 – 7:30 PM, our Hot Beef Commercials will be prepared by our Auxiliary members. Profits raised from sales are put back into our community, so you can support local and enjoy a delicious meal! Come out, enjoy great food, and help us give back—thank you for supporting the Eagles and our community!

Women's Craft Day – Gather your scrapbooking, quilting, sewing, painting or other craft project and join Alexandria Covenant Church (4005 Dakota St, Alexandria) on **April 17th** from 9 AM – 9 PM and **April 18th** from 9 AM – 5 PM for a time of crafting and conversation. Lunch is provided on Saturday. Please register here: <https://alexandriacovenant.org/single-event/womens-craft-day/>

Gentle Worship – Hosted at First Lutheran Church (1655 18th Ave E, Alexandria) on **April 18th** at 10:30 AM, this shortened, intentional service is planned with care to be gentle on the senses and provide an inclusive space. Everyone is invited to participate in ways that feel comfortable and move around as needed. All abilities are truly welcome.

Adoption/Foster Care Ministry Event – If your life has been impacted by adoption or foster care (as an adoptee, adoptive or foster parent, family member, etc), we want to invite you to Alexandria Covenant Church's (4005 Dakota St, Alexandria) first event on **April 19th** from 12:15 – 2:15 PM. Come eat with us after the church services, hear our vision for this ministry, and have a chance to provide input on how we can serve you. Please RSVP so we can plan for you. <https://alexandriacovenant.org/single-event/adoption-foster-care-ministry-event/>

Family Movie Night – Join us at the Legacy of the Lakes BoatHouse (205 3rd Ave W, Alexandria) on **April 18th** from 6 – 8 PM for a free family movie night! We will have a showing of Night at the Museum. There will be free popcorn and beverages available. Bring the kids, chairs, and blankets and get ready to laugh. After the movie is an optional opportunity to take a peek inside the museum as we prepare for our upcoming season. Kids are invited to bring a toy to leave at the museum overnight. Staff will take a photo of what their toy gets up to during their "night at the museum" and will have it printed out to share when the toy is picked up the following week.

Sunday Music Series – Join the Alexandria Senior Center (414 Hawthorne St, Alexandria) for their Sunday Music Series featuring Good Company on **April 26th** from 2 – 4 PM. Good Company is a group of local musicians from all walks of life. They play "down home/back porch/easy listening" selections that include: country western, gospel, light rock, and bluegrass. You are sure to find a favorite amongst their varied repertoires. Refreshments, popcorn, and snacks are available for purchase.

Alexandria Job Fair – Join us at Viking Plaza Mall (3015 Highway 29 S, Alexandria) on **April 28th** from 10 AM – 1 PM and find your new career at the upcoming job fair! This event promises a dynamic opportunity for job seekers to connect with a variety of employers across different industries. Employers are encouraged to register early to secure their participation in this exciting event. Discover new career possibilities and network with potential employers—all under one roof. Don't miss out on this valuable chance to explore your next career move!

Kid Connections

Healthy Kids Day – Join us on **April 18th** for the Alexandria Area YMCA's (110 Karl Dr, Alexandria) biggest celebration of the year! Healthy Kids Day is a free community event designed to get kids moving, learning, and inspired for a summer of success. This event is free and open to the entire Alexandria area community. No membership is required to participate. Every child who joins the fun receives an Activity Punch Card. As you explore the different stations, get your card stamped. Once you've completed the card, turn it in for a chance to win our Grand Prize Drawing! (8 AM – 12 PM): bounce house, kindergym, outdoor obstacle course (weather permitting), sidewalk chalk art, local kids' booths, fitness and healthy kids' stations. Special Events Schedule: 1K Family Run from 9:30 – 10 AM, Kids Yoga from 10:30 – 10:50 AM, Kids Zumba from 11:15 – 11:35 AM, Open Swim starting at 11:30 AM. Please note that our Family 1K requires pre-registration! <https://alexandriaymca.com/events/healthy-kids-day>.

Ollie Birch Family Friendly Events – Ollie Birch Boutique + Lounge (518 Broadway St, Alexandria) is Alexandria's first alcohol-free alternative lounge offers family friendly events weekly including BINGO, LEGO competitions, puzzle competitions, game night, etc. Check out their Facebook page at <https://www.facebook.com/olliebirmn/events> or their webpage at <https://olliebirmn.com/> to see what is happening this month!

Story Hour at Cherry Street Books – Join Cherry Street Books (503 Broadway St, Alexandria) on Saturdays for a fun filled morning from 10 - 11 AM. Geared for kids ages 3-5 we will sing songs, read stories, and make crafts.

Douglas County Library – has many story time hours and activities going on at the library (720 Fillmore St, Alexandria) daily. Please see their website for more information. <https://www.douglascountylibrary.org/events>.

Stay and Play at the Library – Enjoy a warm and inviting space where you and your child can play and socialize with others in the community at the Douglas County Library every Thursday from 9 – 11:15 AM. For kids ages 1-5 but all siblings welcome! Please note: this is unstructured free play time for both caregiver and child; not a structured storytime.

Teen Connections

Campus Life Club – Middle & High School Students Join us weekly for our After School Club Tuesdays (3- 4:30 PM) are for Middle Schoolers and Thursdays are for High Schoolers (3 – 4:30 PM) We meet at the Youth for Christ Youth Center (911 State Highway 29 North, Alexandria) Contact us with any questions 320-270-1370.

Giving Grayce MN Youth Center – Giving Grayce MN (316 Broadway St., Suite 2, Alexandria) provides hands-on programs and experiences that help youth build confidence, resilience, and leadership skills. Through mentorship sessions, skill-building workshops, and community engagement projects, we create opportunities for young people to explore their potential, connect with supportive peers and mentors, and make a meaningful impact in their communities. Open from 12 – 8 PM Tuesday – Friday and 12 – 5 PM Saturdays. Free meal Tuesdays from 6 – 7 PM weekly. See the Facebook page: Giving Grayce MN for the monthly calendar of events.

Friday Night Life – Students 11-19 are Welcome to join Alexandria Area Youth for Christ (124 7th Ave W, Suite 15, Alexandria) for a fun night of food, fun and games! Middle School 6 - 7:30 PM and High School 6 - 9:30 PM! We have multiple video games and over 100 board games to choose from.

Parent Life – is a new program through Youth for Christ for pregnant teens and teen parents ages 11 – 19 meeting the first and third Tuesday of the month from 530 – 7:30 PM. Every meet up includes mentors that walk alongside the students. Each gathering includes a bag of goodies for baby and a free meal for the family. Questions? Contact Heidi Christensen at heidi@yfcminnesota.com

Adult Connections

Wednesday Wonders - FREE and open to the public! Parents and preschoolers through grade 5, please join Alexandria United Methodist Church (2210 Sixth Ave E, Alexandria) in the Fellowship Hall and Youth Rooms from 5 – 6:15 PM **each Wednesday** where children are served dinner and offered a Bible story with activity led by Pr. Amy and Connie Springman. While their children dine and learn, parents get to join programming offered by a Certified Parent Educator, Sue Helgeson. All kinds of topics for 21st Century parents will be covered; it will be a time to learn and grow from each other. No need to sign up. All are welcome!

Mocktail Monday @ The Lounge – Join Ollie Birch Boutique + Lounge (518 Broadway St, Alexandria) **every Monday** from 4 PM – 7 PM for a free in-store tasting event. Whether you're looking for a flavorful drink without alcohol or simply want to enjoy a fun evening out, our expertly crafted mocktails are sure to delight your taste buds. *Must be 21 to participate in the tasting.

Young Adult Game Nights – Join Ollie Birch Boutique + Lounge (518 Broadway St, Alexandria) **every Thursday** from 6 – 8 PM for N/A drinks, fellowship, and games! For all young adults (18-35).

Young Families Wednesdays – Join Lake Community Church (490 Voyager Dr, Alexandria) **every first and third Wednesday of the month** from 6 – 7:30 PM for a Bible study to bring together young families to share experiences and learn about God together. New families welcome to join any time! Contact Christine Van Engen: christine@lakecommunity.org.

Young Adults Ministry – Meets **every Thursday** at 6:30 PM at Reach Church (1310 N Nokomis NE, Alexandria).

In It Together Mom's Group – Join Spirit Life Church (912 MN-29, Alexandria) 10 AM – 11:30 AM on the 2nd and 4th Wednesday of each month. Children are welcome.

Osakis Life Group – Do you live in the Osakis area and are looking for a Bible study community? If so, we have a group meeting at the Clapper's home on the **first and third Friday** of the month from 7 – 8:30 PM. Light refreshments and childcare provided. Contact Bob Clapper at bobclapper@yahoo.com for more information.

Men's Morning Coffee – All men are invited to Common Ground Coffee House (516 Hawthorne St, Alexandria) **every Wednesday** mornings from 6 – 7 AM for a Church of St. Mary's fellowship. Contact Michael at michaelghuss@gmail.com with questions.

Young Adults Ministry – Meets **every Monday** at 7 PM at Reach Church (1310 N Nokomis NE, Alexandria).

Young Adults Ministry – Meets **every Monday**, 7 - 9 PM at New Life Christian Church (1910 County Rd 82 SE, Alexandria).

Senior Connections

Senior Coffee – The first Tuesday of every month join Calvary Lutheran Church (605 Douglas St, Alexandria) from 10 – 11 AM.

Ready Ride – Safe, friendly rides helping adults 65+ maintain independence. Call Ready Ride at 218-685-7433 for more information.

Alexandria Senior Center – Open weekdays 9:00 AM - 3:30 PM (414 Hawthorne St, Alexandria). For more information on all their many exciting events, call 320-762-2087 or visit their website at www.alexsrctr.org.

Dancing Sky Area Agency on Aging – Dancing Sky works with rural communities to help older adults stay in control of their choices. Go to www.dancingskyaaa.org for more information on programs for older adults and caregivers in your area. Follow Dancing Sky Area Agency on Aging for updates and information. Contact the Senior Linkage Line for assistance on options for seniors at 800-333-2433.

Support Groups



Sundays

Recovery Game Day – Every **third Sunday** at the Alano Club, 12 – 4 PM (1604 Jefferson St, Alexandria).

Mondays

Infertility Support Group – Monthly Meet-Up - Join us every 1st Monday of the month from 5 – 7 PM in The Loft at The Depot Tavern (104 Broadway St, Alexandria) for an informal infertility support group gathering. This is a come-as-you-are space created for connection, understanding, and support. No agenda, no expectations—just women supporting women in a relaxed, welcoming environment. If you would rather stay connected online, please join our Facebook group Infertility Support Group Alexandria MN and Surrounding Areas.

Navigating Autism Together – Living Word Lutheran Church (1722 16th Ave E, Alexandria) meets **the third Monday** of each month from 7 PM – 9 PM to support care givers of autistic individuals.

GriefShare – Widows and Widowers, join us every Monday beginning September 8th at Alexandria Covenant Church (4005 Dakota St, Alexandria – Room: GR200) from 5:30 – 7 PM. Call to register or sign up here: <https://alexandriacovenant.ccbchurch.com/goto/forms/357/responses/new> Contact Mary Glanzer with any questions: 320-760-0258.

Tuesdays

Alexandria Area Newcomers – Join the Alexandria Area Newcomers at the Shalom Church (681 Voyager Drive, Alexandria), on the 4th Tuesday of every month from 6:30 – 8 PM. For more information: <https://www.alexandriaareanewcomers.com>

Pens & Pals – This ministry loves and serves persons in our community with disabilities socially through a shared supper and table top activities. The intent is to promote friendships and inclusion to person with ALL abilities. The Church of St. Mary's (420 Irving St, Alexandria) Pens & Pals Ministry is held the **first Tuesday** of the month, from 5 – 7 PM. Questions? Contact Barb Friederichs: 320-766-6106

Monthly Prayer Gathering – Take a break from your busy workday and join the Unity Foundation for a Lunchtime Prayer Gathering. Together, we'll gather to lift up prayers for the workforce in the Alexandria Area. This focused time of prayer will include worship, guided listening prayer, and heartfelt petitions for God's presence and guidance in our workplaces. Every **third Tuesday** of the month from 12 PM – 1 PM at Creative Touch Boutique Conference Room (504 Broadway St, Alexandria).

Caregivers Support Group – Meets the **second Tuesday** of each month from 1:30 – 3:30 PM at First Lutheran Church (1655 18th Ave. E, Alexandria). For more details, call Val at 320-762-2196.

Cancer Support Group – Meeting the **third Tuesday** of the month at Alomere lobby conference room, (111 17th Ave. E, Alexandria). Meetings are offered in person or on Zoom. For more information call Jo at 320-766-3741 or email her at jopete@gmail.com.

Alzheimer's Support Group – Supporting caregivers in the community who have loved ones with Alzheimer's or Dementia. Helping each other, sharing our burdens, finding tools to help with the journey. This group meets **every third Tuesday** of the month at ArtisTree Cafe (2020 Fillmore St, Alexandria).

Grieving Parents Group – Located at First Lutheran Church (1655 18th Ave E, Alexandria) on **every third Tuesday** of the month from 7 – 8:15 PM. Contact FLC for more info at (320)762-2196 or at admin@firstlutheranalexandria.com.

Alexandria Area Newcomers – Shalom Lutheran Church (681 Voyager Dr, Alexandria) The Alexandria Newcomers meets on the **fourth Tuesday** of every month from 6:30 – 8 PM. Meetings are open to residents of all ages who are new to the community or former residents who have moved away and returned. For more information contact us at alexandriaareanewcomers@gmail.com.

Amazing Journeys Together - Amazing Journeys Together is a Non-Profit Organization focused on activating and building meaningful healthy lifestyles. Join The Church in the Pines (3992 Hwy 27, Alexandria), building #1 on church campus on the **2nd and 4th Tuesday** of each month from 6 – 7:30 PM. For more information call, text, or email: 320-304-3444 or amazingjourneystogether@gmail.com.

Wednesdays

WEcovery Game Night - Join WEcovery (503 Hawthorne St (in the basement), Alexandria) on the **4th Wednesdays of the month** (January 28th) from 4 – 6 PM, before the All Recovery meeting to play board/card games and hang out with other people in recovery. Feel free to stay for the meeting, but it is not required!

Fellowship – Join Christ Church of Alexandria (2109 Lake Park Pl, Alexandria) every Wednesday 6:30 – 9:30 PM for a night of true Christian community.

All Recovery Meeting - All Recovery is a support group for people interested in talking about any path to Recovery. We are open to people curious about, currently in, or affected by/supportive of substance use and mental health Recovery. We read a daily meditation of a different kind each week, and check in or share anything that could be helpful to you or someone else's Recovery. This is a free, confidential group that meets on **Wednesdays** from 6 – 7 PM.

Recovery Activity Planning Committee Meeting – Are you looking for a way to get more involved in the local Recovery Community? Do you have ideas but nowhere to put them into action? Join us to discuss ways to get involved every **2nd Wednesday** at 12 PM at WEcovery Alexandria (503 Hawthorne St, Alexandria)

Handicraft Support Group – Knitters, sewers, crafters of all varieties and abilities are encouraged to join the Handicraft Support Group. Bring your projects and join others for company, encouragement, and inspiration. Located at Douglas County Library (720 Fillmore St, Alexandria) from 1 – 3 PM **every first and third Wednesday**.

St. Mary's Walking Group – Are you looking to get some exercise and good conversation? Join Katrina Brault the **first and third Wednesdays** each month from 6 – 7 PM. Meet at Big Ole. All are welcome!

Someplace Safe Women's Empowerment Group – A support group for survivors of abuse. Please Someplace Safe for more information at 320-762-1995 or email douglas.co@someplacesafe.info. Days may be flexible.

Coffee Connection – Are you feeling isolated, alone, and disconnected? We need real relationships with one another, so we are starting on ongoing opportunity to connect with other people, make some new friends, and to care well for one another. Join from 9:30 – 11 AM for coffee, donuts, and genuine conversations at Lake Community Church (490 Voyager Dr, Alexandria).

Game Night – Join Unity Recovery (503 Hawthorne St, Alexandria) on the **4th Wednesday** of each month from 4 PM – 6 PM for card games, board games, dice games, cribbage, UNO, Yahtzee, Go Fish, and more!

Worship Wednesday – Join ArtisTree Café (2020 Fillmore St, Alexandria) for an inspiring and joyful afternoon of music, worship, and creativity every Wednesday from 4 – 7 PM. This is a great place to meet up before youth group, practice new songs, and discuss ways to show God's love to your community.

Thursdays

The Milk Club - Open house style, no cost! Come and get support for breastfeeding and/or pumping journey at Empowered Midwifery and Wellness, LLC (621 Hawthorne St, Alexandria) **every Thursday** from 12 – 2 PM. Visit with other moms and weigh your baby! Get your breastfeeding + lactation + feeding questions answered by an IBCLC.

Puzzle Night – Making friends has never been easier or more fun! Join us for puzzles, tea, and camaraderie **every other Thursday** (beginning October 3rd) at 6 PM at ArtisTree Cafe (2020 Fillmore St, Alexandria). This is a free event, food and beverages available for purchase.

Grieving with Grace – A monthly grief support group hosted by KT Humble Hearts for those who are grieving the loss of a loved one meets every **first Thursday** of the month from 5 – 6:30 PM at KT Humble Hearts (700 Cedar St Suite 44, Alexandria). For additional information call 320-219-7144 or email kthumbleheart@gmail.com.

Fridays

Meal and Fellowship – Every Friday dinner and fellowship at The Regeneration Center (1615 6th Ave E, Alexandria) at 6:30 PM. For questions call Dave at 320-815-3590.

Friday Night Karaoke and Koffee – Come sing your heart out in this joyful informal setting. This group tends to be quite silly, so be prepared for lots of laughter and no judgement! **Every Friday** from 7 – 9 PM at ArtisTree Café (2020 Fillmore St, Alexandria).

Friday Night Game Nights – evening a group of tabletop gamers meets from 5:30 PM – 7 PM at Church of the Pines (3992 Highway 27, Alexandria). Location subject to change – check Facebook page for updates: <https://www.facebook.com/groups/788842233426336>.

Saturdays

Refine Your Rhythm Women’s Group – was created to offer an opportunity to come together on the **second Saturday** of the month from 9 AM – 11 AM at Crossings Life’s Bridges, LLC (5396 Peaceful Ln NE, Carlos) to unwind, experience connection, and shift your rhythm in an emotionally safe space. Give yourself grace. Join us when your schedule permits and the time is right for you. Must register for each session you attend at <http://www.crossinglifesbridges.com/events-2>.

Worship Night – every Saturday at 6 PM, Reach Church (1310 N Nokomis NE, Alexandria) hosts a live worship service.

Each day of the week

AA Meetings – Seven days a week at various times at the Alano Club located at (1604 Jefferson St, Alexandria). The schedule is posted outside the club door, or you can go to www.district4online.org or call the AA Hotline at 866-423-2969 for more information as well as the schedule for other area meetings.