

Community Resources



Adult Basic Education – Need a better job??? Get your GED. It's free. Call 320-762-3312.

Assurance Wireless – is a lifeline-free government phone program free to qualifying households. Enrollment is available to individuals who qualify based on federal or MN-specific eligibility criteria. You may qualify if you are on certain public assistance programs, like Medicaid or Supplemental Nutrition Assistance Program (SNAP). You can also qualify based on your household income. Find more information at <http://www.assurancewireless.com/>

The Caring and Sharing Room – provides used furniture and household items in good condition to families in need in Douglas County through referrals from agencies like Love INC. They are sponsored by the Church of St. Mary and supported by several area churches and individuals. If you would like to donate, please call the Caring and Sharing Room at 320-760-8084.

Car Care Program – Providing safe and reliable cars that will give you an opportunity to change your situation and help you re-write your story. To set up an appointment call or email Kris at 320-460-7911 or Kris@carcareprogram.org. For more information check out <https://carcareprogram.org/>.

CareerForce – a group of private, public, and nonprofit partners offering a range of services including one-on-one guidance, training, networking, labor market information, resume writing, and much more. They are located at 303 22nd Ave West, Suite 107, Alexandria. For assistance call 320-391-9262.

Cost Plus Drug Company – An online drug company offering safe, affordable medicines at the lowest price possible. <https://costplusdrugs.com/>

Douglas County Outreach Food Shelf – Call 320-762-8411 for an appointment. A box will be prepared for you, brought out to your car, and placed in your trunk. Located at 1205 Lake St, Alexandria. You may visit the shelf every 30 days.

Energy Assistance Program – West Central Community Actions is accepting applications for 2023/2024 season. Energy Assistance is a program that is designed to assist income eligible households with the cost of energy/heating their homes. Everyone deserves affordable, continuous, and safe home energy services. Call to request an application via postal mail at 1-800-494-4805 option 1, request an application via email at eap@wcmca.org, or follow this link: <https://energy-assistance.web.commerce.state.mn.us/>

Father's Resource Program – Helps parents and families that have issues involving parenting time, custody, and child support. The program instructs and educates parents and families on area resources and services that may be of assistance to them. Call for an appointment at 320-762-3031 or email mikkela@wcmca.org for more information.

The Free Little Pantry - Located at the Alexandria Free Methodist church on the corner of 8th Avenue East and Jefferson Street, 402 8th Ave. E, Alexandria, next to front door of the. Please visit and take what food you need. Open to everyone. You can drop off non-perishable food for others or make monetary donations.

Fostering Love – Provides Immediate needs to foster and adoptive families in Douglas County. Located at 901 MN-29 Suite 202, Alexandria. For current hours and contact information check Douglas County Foster Closet on Facebook or call 320-349-0132.

Habitat for Humanity – Currently taking applications for affordable homes. Habitat encourages anyone who is struggling with home ownership to call 320-762-4255. Help may be available. Habitat homebuyers help build their homes alongside volunteers and purchase the home with an affordable mortgages. For more information or to fill out an application, visit <https://hfhdouglascounty.org/>.

Head Start – promotes the school readiness of young children from low-income families through agencies in their local community. Head Start and Early Head Start programs support the comprehensive development of children from birth to age 5 in centers (Alexandria, Brandon, Elbow Lake, Fergus Falls, Morris, Osakis and Starbuck) and in their own homes. Head Start services include early learning, health and family well-being, including pregnant families. For more information or to enroll your family visit wcmca.org/headstart or call 1-800-492-4805.

Legal Services of NW MN – provides free legal advice/services to qualifying persons in Douglas and surrounding counties. Low-income or age 60+. For instructions on how to best communicate your concerns, call 800-450-2552.

Life Connections - Free and confidential pregnancy and parenting resources including clothing birth to 5T, diapers, formula, maternity clothes, education on health and nutrition, grants for housing, car seats as well as car seat installation classes (1309 Hwy 29 N. Suite 102, Alexandria). For more information, call 320-762-1224 or check out <https://www.lifeconnectionsmn.org/>.

LifeRight Outreach – is a transitional housing ministry reaching out to men who suffer from addiction, alcoholism, and homelessness. It is committed to being the hands and feet of Jesus, helping men make it back home. For an application or to volunteer please call 320-759-3930.

The Little Free Pantry – Located at Living Word Lutheran Church located at 1722 16th Ave. E, Alexandria. Open to anyone, anytime. Please take what you need and leave the rest for the next person in need.

Mental Health Crisis WarmLines – If you are struggling with your mental health but aren't experiencing a mental health crisis or emergency, reach out to the Minnesota Warmline at 651-288-0400, toll-free 855-warmline, or text "Support" to 85511. Open seven days a week, 9 AM - 9 PM.

Opportunity Enterprises – Do you need a job skill or a trade? Even if you are a felon or a recovering addict, we invite you to apply. We provide training for welders and machine operators to enter the workforce. Call 320-815-3590 or email theoemgr@gmail.com.

Outdoor Gear Library – Rent bird-watching kits, camping, outdoor gear, fishing equipment, etc. through Alexandria Public Schools. Open Monday – Friday, 9:00 AM - 4:00 PM. Daily and weekend rentals are available. Please call for more information or to rent: 320-762-3310, Ext. 4242 www.alexschools.org/domain/964

Prescription Drug Discounts – Use the SingleCare App for prescription drug discounts or call Sheila at Douglas County Social Services for information of how you may qualify for prescription drug assistance at 320-762-2302.

Rural Development – The United States Department of Agriculture has loans and grant opportunities that can provide low-income families the ability to repair homes for safer living conditions or help to purchase a home. You do not need to live on a farm to take part in this program. People age 62+ may qualify for grants. For more details or to see if you qualify, contact Dawn at dawn.winter@usda.gov or 320-763-3191 ext. 108.

Safe Families for Children – Serves families in Douglas, Pope, Grant, Traverse, and Stevens counties to mobilize vetted and trained volunteers to provide informal, family-like support for families experiencing a crisis situation. For more information or support please email westcentralmn@safefamilies.net or call 218-671-3224.

The Free Little Pantry – Please visit and take what food you need. Pantry is located next to the front door of Alexandria First Free Methodist Church on the corner of 8th Ave E and Jefferson St, Alexandria. You can drop off non-perishable food for others, too. Open 24/7.

The Storehouse – The food pantry is located at Common Grounds Coffee House (516 Hawthorne St. Alexandria). Food distribution is on Saturday from 3 – 4 PM. To donate food, please drop items off at the same address. For more information, call 320-219-6239.

Veteran's Service Office – Services and support for military veterans. For appointments, call 320-762-3883.

Veteran's Crisis Line – 24-hour / 7 days a week crisis assistance for veterans and their families. 800-273-8255, Ext 1.

Viking Community Support Program – Providing rehabilitative services and support for people struggling with mental health issues. The Drop-In Center is open Monday through Friday from 1 - 5 PM, Tuesday and Friday evenings, and Saturday and Sundays from 12 - 4 PM at 1106 Broadway, Alexandria. They provide computers, pool tables, coffee, TV, crafts, and listening ears. Facebook Live every Monday through Wednesday at 9 AM, talks about coping skills, mental health, physical health management, and ways to get motivated. Call 320-763-6261 with any questions. <https://www.facebook.com/vikinglandcsp/>.

Vocational Rehabilitation – Helps find employment for adults with disabilities, transition planning for High School students with disabilities, financial assistance for post-secondary education, vehicle modification for work travel and more. For assistance call 320-762-7809.

WEcovery – is here to assist individuals seeking to improve their lives through the process of recovery. They provide peer recovery specialists helping those in recovery from substance use disorder. They help educate in small group settings, DWI classes, and more. Located at 503 Hawthorne St. Suite 55, Alexandria. For more information search Unity Recovery or WEcovery on Facebook or call 320-219-7474.

Weatherization Program – This program helps income eligible households cut their heating costs and improve the comfort level of their homes by making energy-savings home improvements. Improvements to be made are determined from the energy auditor's blower door testing equipment at your home. Items may include furnace improvements; minimize infiltration; insulation of attic, walls, and floor; and venting of water heaters and heating systems. For more information, please call 218-685-4486.

Employment Agencies

*Doherty 320-763-3121

*Manpower 320-763-9899

*People Ready 320-762-2001

*Prostaff 320-763-9677

Counseling Services

*Lutheran Social Services 320-762-5124

*Nystrom's and Associates 320-460-8028

*One Hope Christian Counseling 320-808-3096

*West Central Counseling 320-759-3096